



T E N P E N N Y
INTEGRATIVE MEDICAL CENTER

7380 Engle Road
Middleburg Hts, OH 44130

Effective June 18, 2018: UPDATE OF OFFICE VISIT POLICY

We are updating our policy regarding patients who have not had an in-office visit or phone appointment with one of Tenpenny Integrative Medical Center's medical practitioners for more than 36 months.

According to billing and coding guidelines, an established patient is one who has "received professional services from the physician or another physician in the same group and the same specialty within the prior three years (36 months)."

And, according to the Federal regulations is "if a patient HAS been seen as a registered patient within the past 3 years (36 months), then the patient is considered to be established". (73 Fed. Reg. 68679 (November 18, 2008)).

Therefore, according to established guidelines, if you have not had an in-office visit in the preceding 3 years (36 months), you will be required to undergo a new patient visit. This allows us to update your history and physical exam, and give new assessment of your current health concerns.

In addition, to continue to receive medication refills for thyroid and hormone medications, an annual visit is required. An exception can be made for patients who live more than 5-hours away or who live out of state. In that instance, an in-office visit will be required every 3 years (36 months) to continue to receive medication prescription.

To receive prescriptions for bio-identical hormones, a female patient must engage at least bi-annually in a breast cancer screening procedure by either obtaining a mammogram, an ultrasound, a breast MRI or, preferably, an breast thermogram which can identify the earliest areas of concern.